



ROGUE VALLEY UROLOGY
PHYSICIANS AND SURGEONS, PC

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**PREOPERATIVE INSTRUCTIONS
FOR VASECTOMY PATIENTS**

Please do not take any over the counter blood thinners (aspirin, Aleve, ibuprofen, Excedrin, etc.) for seven (7) days prior to your vasectomy.

In an effort to decrease the normal skin bacteria and, thereby, reduce the incidence of post-surgical infection, it is important that certain steps be accomplished prior to arriving at the office for your operation.

1. We have given you Betadine scrub (an iodine-based surgical preparation solution). The night prior to your operation using $\frac{1}{2}$ of solution, please scrub thoroughly and then shave the entire scrotal sac.
2. The next morning, thoroughly shower, wash and scrub the area one more time with the remainder of the Betadine scrub.
3. Pre-surgical scrub will be accomplished at the office prior to the procedure.