



ROGUE VALLEY UROLOGY
PHYSICIANS AND SURGEONS, PC

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INSTRUCTIONS CONCERNING VASECTOMY

Successful vasectomy is an effective means of sterilizing the male. However, there is a failure rate of about 1% in most large series. Failure results from recanalization (tubes reuniting spontaneously) of the interrupted tubes and from anatomical abnormalities where an extra tube is present. This latter situation can be detected immediately and pregnancy prevented by following the proper postoperative steps. With this in mind, the following are the standard postoperative instructions.

1. Plan to take at least two days off from work following the procedure.
2. Use ice bags and rest for the majority of the day of operation.
3. Use jockey shorts or athletic supporter during the first postoperative week.
4. Submit a sperm specimen at 12 weeks postoperatively. REMEMBER, NO ONE CAN BE CONSIDERED STERILE UNTIL A NEGATIVE SPERM COUNT HAS BEEN OBTAINED. UNTIL THAT TIME, ALL NECESSARY CONTRACEPTIVE PRECAUTIONS SHOULD BE USED.
5. If you do not submit your post vasectomy semen analysis, Rogue Valley Urology will send your tissue sample to pathology for testing and you may receive a bill from Vista Pathology. To avoid this additional charge, please ensure you submit your sperm specimen sample.
6. If you have a postoperative infection, a second count should be submitted six weeks after the infection is completely gone.
7. If you notice the appearance of a lump or onset of pain in the operative site, submit another specimen to confirm continuing absence of sperm.
8. The procedure will be done in the office (unless otherwise specified) and you may be prescribed a sedative. This would make it necessary for you to have someone present to drive you home. If the procedure is done in the hospital, you will also need someone present to drive you home as well.