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## VASECTOMY DISCHARGE INSTRUCTIONS

Dressings: To remain clean and dry for 24 hours.

Wound Incision: Observe surgical site (wound) for signs of infection:

- Increased redness
- Pus
- Swelling
- Bleeding
- Red streaks
- Fever of 100 in 2-3 days
- Foul odor

If any of these signs should occur, please contact your physician at once. These could be signs of infection. You may shower after 24 hours.

Activity: Rest with legs elevated. After procedure, use ice packs 20 minutes on, 20 minutes off until bedtime, but do not apply directly to skin. Increase activity as ordered by your doctor and as tolerated.

Check with your doctor regarding returning to work.

Pain: After two days, if scrotum is “achy”, sit in warm tub. If needed you may be given a prescription for pain medication. Pain not relieved by prescribed medications should be reported to your doctor.

**\*NO EJACULATION FOR TWO (2) WEEKS\***

**USE PROTECTION UNTIL SPERM COUNT IS NEGATIVE.** You will be given instructions and one sample container to take your post vasectomy semen specimen to the lab. Specimen should be collected at 12 weeks after the procedure to ensure sterility.