

# Foley Catheter Care Instructions

## Patrick Davol, MD

**Two kinds of drainage bags are available for your urinary catheter: a leg bag and a large bag. Many people like to use a leg bag during the day or when they go out and a large bag at night.**

### **Things to Remember About Both Drainage Bags**

- Keep the bag lower than your catheter. This lets urine drain into the bag.
- Wash your hands before and after working with your drainage bag.
- Keep the connecting tubes of your drainage bag clean to avoid infection.
- Keep the cover caps for the drainage bag tubes. You will need to use these again when you change drainage bags.

**If you have any questions regarding the care of your catheter bags, please contact our clinic at 541-464-4565**



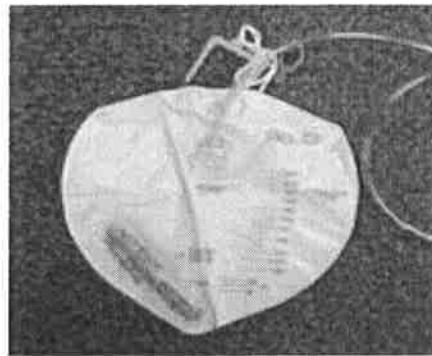
This bag works well at night. A hook lets you hang it from your bed frame while you sleep. It holds a large amount of urine, so you will not need to get up at night to empty it.



The leg bag is good for daytime use. If worn under pants or a long skirt, others don't even know it is there. The elastic straps hold the bag in place on the inside of your thigh, just above your knee. This bag doesn't

## Emptying The Night Bag

hold as much as the larger bag, but it is handy when moving around.

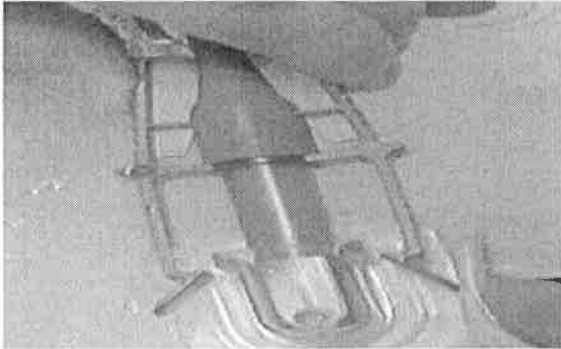


- 1) Wash your hands.
- 2) Raise the drainage tube up so all the urine goes into the bag.
- 3) Hold the bag over the toilet. Squeeze the rough, green plastic pieces together gently. The green plastic clips will come off the edge of the holder.
- 4) Slide the green tube out of the holder.
- 5) Point the green tube down into the toilet. Do not let the tube touch the edges of the toilet.
- 6) Open the metal clamp by pushing down on the bottom metal piece.
- 7) Wait until all the urine has drained from the bag.
- 8) Close the clamp by pressing the metal pieces together. You will hear the clamp click shut when it is closed

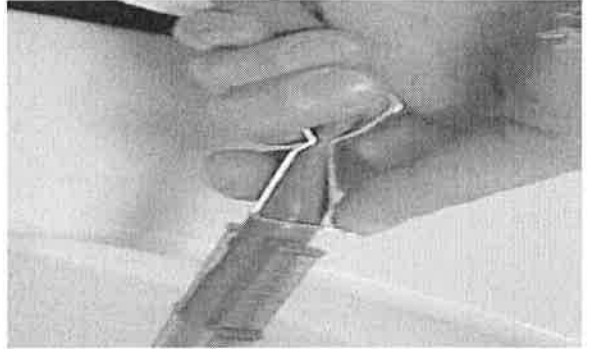
## Emptying The Night Bag

9) Clip the drainage tube back in the holder.

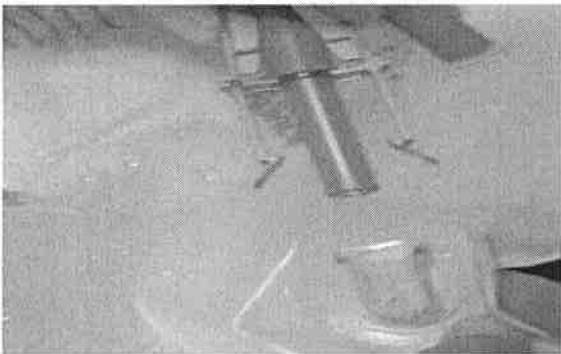
10) Wash your hands and you are finished.



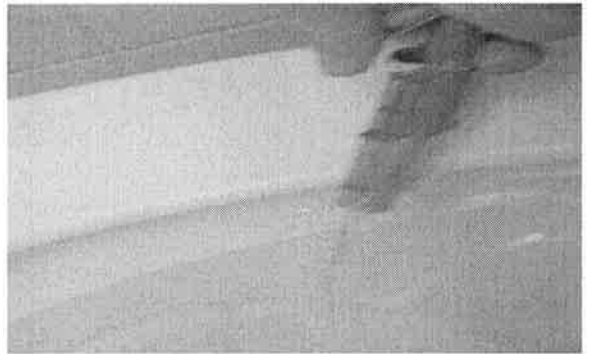
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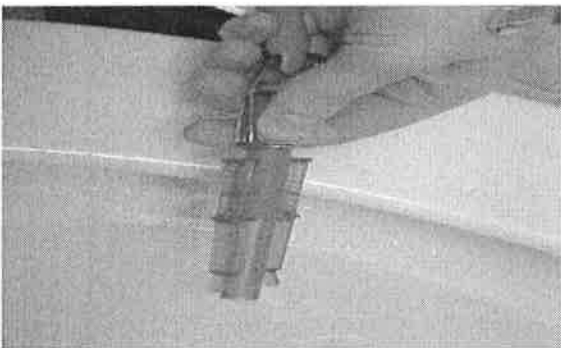
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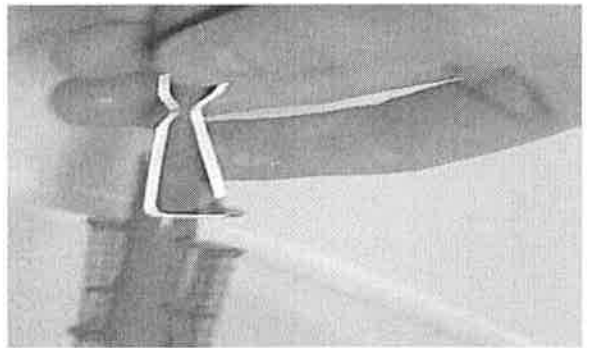
(Step 4)



(Step 7)

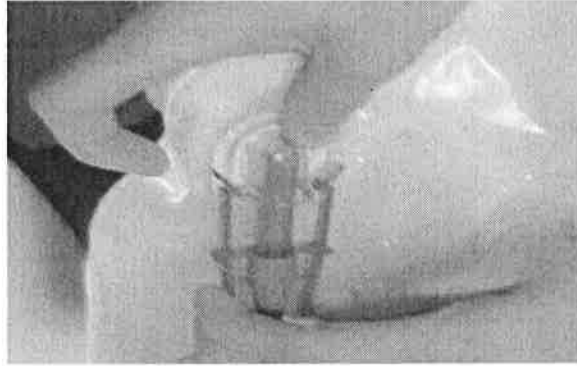


(Step 5)



(Step 8)

## Emptying The Leg Bag



(Step 9)



- 1) Wash your hands.
- 2) Raise the drainage tube up so all the urine goes into the bag.
- 3) Hold the bag over the toilet. Turn the blue knob at the bottom of the bag counter-clockwise (left) or flip down the green lever. Do not let the end touch the toilet.
- 4) Let the urine drain from the bag.

## Emptying The Leg Bag

- 5) Turn the blue knob as far as it will go clockwise (right) or flip up the green lever.
- 6) Wash your hands.

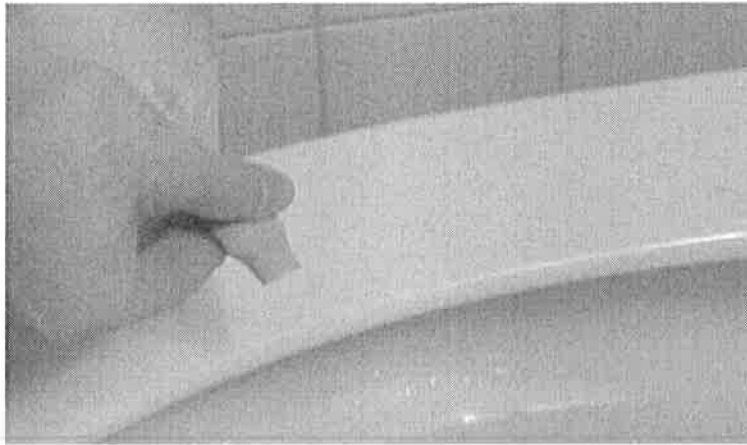


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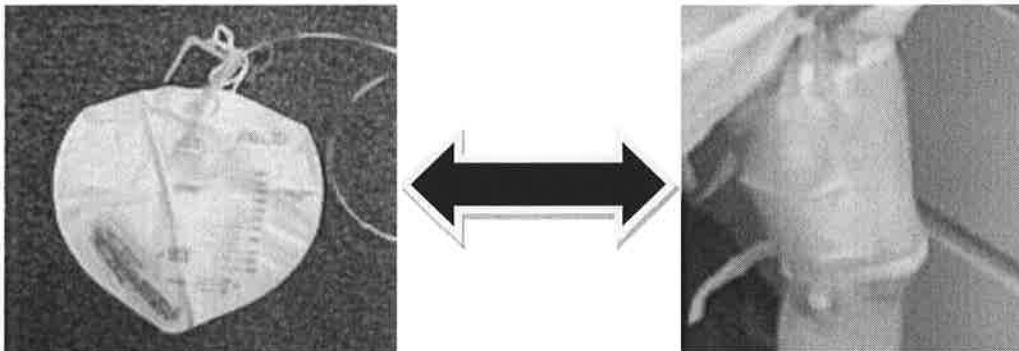


## Emptying The Leg Bag

(Step 4)



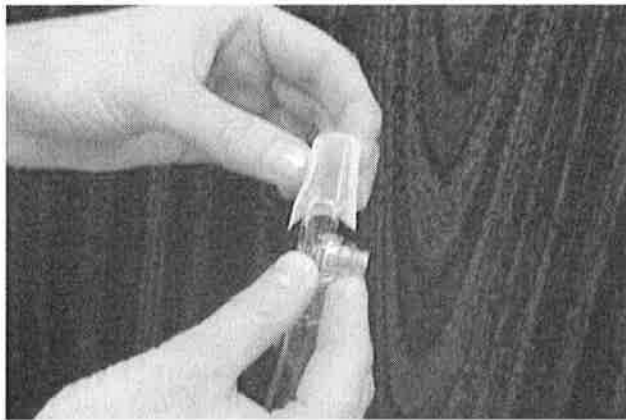
(Step 5)



- 1) Wash and dry your hands.
- 2) Raise the drainage tube so all urine goes into the bag. Take off (and save) the protective cap from the connection port of the leg bag. Clean the port with an alcohol swab.

## Switching From the Large Bag To The Leg Bag

- 3) Kink your catheter so that urine cannot pass through it.
- 4) Gently pull the end of your catheter off the end of the large bag drainage tube.
- 5) Connect the end of your catheter to the connection port of the leg bag. Un-kink the catheter.
- 6) Wash your hands.



(Step 3)

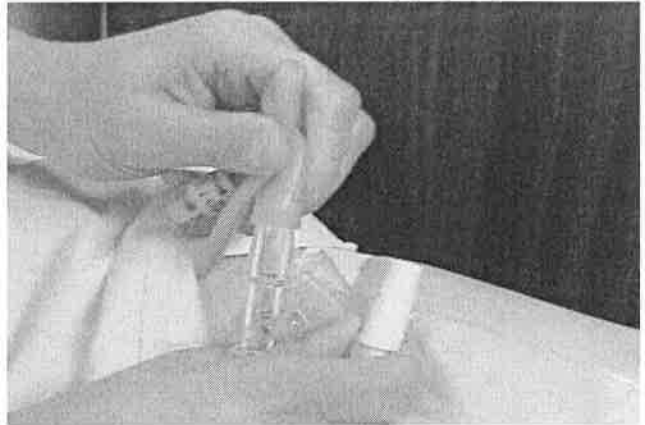


(Step 4)

## Switching From the Large Bag To The Leg Bag



(Step 5)



(Step 6)