



ROGUE VALLEY UROLOGY
PHYSICIANS AND SURGEONS, PC

1698 E. McAndrews Road, Suite 280
Medford, OR 97504
(541) 774-5808
www.RogueValleyUrology.com

NEWBORN/PEDIATRIC CIRCUMCISION INSTRUCTIONS

Thank you for entrusting Rogue Valley Urology with your child's care and upcoming circumcision. To help you prepare your child for this procedure, please pay close attention to the following instructions and **initial each instruction**.

PRIOR TO THE APPOINTMENT:

- ___ Please hold feedings 1hr prior to the planned procedure time.
- ___ Please bring a binky or pacifier to the appointment. If your child does not routinely use one, please purchase one to bring. We will apply "Sweet Ease" to the pacifier for use during the procedure, which will help with discomfort.
- ___ Please purchase over the counter children's Tylenol prior to the appointment. We will use lidocaine to numb the penis prior to the procedure, but this will wear off after 1-2 hours post-procedure. Please use age and weight-appropriate doses per the dosing instructions provided on the box. Please do not use Motrin, Ibuprofen, Aspirin or similar agents which may produce bleeding.
- ___ While generally a safe procedure, complications may be seen in up to 5% of procedures, with bleeding the most common problem. Meatal stenosis (tightening of opening at the end of the penis), redundant foreskin, infection, persistent adhesions and skin bridges, urethra injury, necrosis, and amputation are all very rare, but possible complications.

FOLLOWING THE PROCEDURE:

- ___ A dressing may be placed on the penis following the procedure. This will fall off after several diaper changes. If still present after 48hrs, it can be gently removed. Once removed, please apply antibiotic ointment to the penis with each diaper change for the next several days (over the counter Bacitracin or triple antibiotic ointment is adequate). This will prevent sticking of the penis to the diaper.



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- ___ The penis will appear red for some time, and a yellowish crust may appear. Some spotting of blood is also normal. Please call for fever, spreading redness or foul-smelling discharge.

- ___ Sponge bathe only for two weeks following the procedure and avoid direct scrubbing of the circumcision.

- ___ A post-operative check will be done at one to four weeks after the circumcision. If there are any problems in the meantime, please call the office at (541) 774-5808.